

# NOURISH

juice bar menu

NOURISHMENT FOR A CALM MIND | GLOWING SKIN | HEALING HEART | HEALTHY BODY

16.02 | \$12 cold pressed juice

## AWAKEN

Pineapple, Orange, Carrot, Lemon, Turmeric, Ginger  
Immunity | Energy | Hydrating | Inflammation Support | Lowers Blood Sugar/Pressure/Cholesterol

## NURTURE

Celery, Cucumber, Kale, Lemon, Ginger, Dandelion Greens  
Digestion | Immunity | Detox | Inflammation Support | Healthy Skin | Antioxidant

## DETOX

Celery, Cucumber, Spinach, Green Apple, Kale, Fennel, Mint  
Detox | Digestion | Cardiovascular Support | Hydration | Immunity

## GROUNDED

Beet Root, Cucumber, Apple, Lemon, Ginger  
Lowers Blood Pressure/Sugar | Detox | Skin Booster | Energy | Cardiovascular Support

## REVITALIZE

Pineapple, Cucumber, Cilantro, Cayenne  
Metabolism Boost | Immunity | Circulation | Lung Support

16.02 | \$12 nut malks

## GOLDEN SUN MALK

Almonds, Filtered Water, Golden Sun Milk (Turmeric, Ginger, Cordyceps, Mucuna, Maca, Cinnamon, Lucuma, Cardamom, Vanilla, Cloves, Black Pepper)  
Anti-inflammatory | Energizing | Focused

## BEAUTY MALK

Almonds, Filtered Water, Raspberries, Plant Collagen (He Shou Wu, Horsetail, Gynostemma, Nettles, Calendula, Comfrey), Mangosteen, Hibiscus, Himalayan Salt, Date  
Vitamin C Boost | Glowing Skin | Beautify | Mineralize

## MUSHROOM MOCHA MALK

Almonds, Filtered Water, Cacao, Mushroom Mocha Milk (Coconut Cream Powder, Heirloom Organic Cacao, and 7 mushrooms: Reishi, Chaga, Cordyceps, Lions Mane, Agaricus, Shiitake, and Maitake) Himalayan Salt, Date  
Adaptogenic | Immunity Boost | Stress Relief | Organ Function

\$1.75 shots

## THE SLIM DOWN

Apple, Lemon, Cayenne, Ginger, Fat Belly Tonic

## D-TOX

Red Apple, Lemon, Ginger, Food Grade Activated Charcoal

## IMMUNITY BOOSTER

Apple Cider Vinegar, Lemon, Ginger, Thyme, Adaptogen Honey, Colds Cocktail Elixir

\$11 smoothie bowls

## AÇAÍ

Unsweetened Açai Blended with Banana, Blueberries, Almond Butter, Fresh Almond Milk and Hemp Seeds, Topped with GF Granola, Berries, Almond Butter, Honey

## CHOCOLATE

Banana, Cacao, Almond Butter, Fresh Almond Milk and Dates, Topped with Banana, GF Granola, Hems Seeds, Bee Pollen, Almond Butter

## I LIKE YOU VERY MATCHA

Kale, Banana, Pineapple, Fresh Almond Milk and Matcha, Topped with Coconut, Banana, Blueberry, GF Granola

12.02 | 16.02 | \$3.25 Tea

## BREATHE | LUNG TONIC TEA

Holy Basil, Astragalus, Mullein, Reishi, Oatstraw, Nettle, Ginger

## CALM | STRESS RELIEF TEA

Tulsi, Chamomile, Milk Oats, Rose, Marshmallow Root, Eleuthero (Siberian Ginseng), Ashwagandha

## DREAM | THIRD EYE TONIC

Ashwagandha, Passionflower, Skullcap, Kalea Sacatechichi, Tulsi, Kava Kava, Blue Lotus, Blue Cornflowers, Ginger, Rose Petals, Stevia

16.02 | \$11 12.02 | \$9 smoothies

ALL SMOOTHIES TOPPED WITH BEE POLLEN, HEMP SEED & HONEY DRIZZLE

## PB & J

Fresh Almond Milk, Banana, Strawberries, Blueberries, Peanut Butter, Peanut Butter Vegan Protein, Hemp Seeds, Date

## LEAN GREEN

Fresh Almond Milk, Banana, Spinach, Vegan Vanilla Protein, Almond Butter, Chia Seed, Honey

## CHOCO-COVERED STRAWBERRY

Coconut Milk, Chocolate Vegan Protein, Coconut Water, Banana, Strawberries, Raw Cacao, Maple Syrup

## DETOX GREENS

Detox Green Juice, Coconut Water, Banana, Raw Almond Butter, Spinach, Vegan Vanilla Protein

## BE RADIANT

Coconut Water, Spinach, Kale, Banana, Blueberries, Spirulina, Maca, Collagen Plant Protein, Goji Berries, Honey, MCT Oil

## GO GETTER

Cold Brew Coffee, Fresh Almond Milk, Banana, Dates, Almond Butter, Cinnamon

12.02 | \$7.25 plant bar

## GLOW | MATCHA PLANT COLLAGEN LATTE

Ceremonial Grade Matcha, Plant Collagen, Fresh Almond Milk, Coconut Cream, Honey

## UPLIFT | MUCUNA MOCHA LATTE

Heirloom Cacao, Mucuna, Mesquite, Maca, Coconut Cream, Fresh Almond Milk, Honey

## PROTECT | MUSHROOM COFFEE

Drip Coffee, Apoptogenic Mushroom Powder, Coconut Cream, Fresh Almond Milk

## INTUITION | MATCHA MORNING LATTE

Ceremonial Grade Matcha, Mucuna, Moringa, Blue Lotus, Coconut Creamer, Fresh Almond Milk, Honey

## BEAUTIFY | MANGOSTEEN HIBISCUS LATTE

Mangosteen, Hibiscus, Curam Elixir, Fresh Almond Milk, Coconut Cream

## SOOTHE | TURMERIC GINGER LATTE

Heirloom Turmeric, Curam Elixir, Fresh Almond Milk, Coconut Cream, Ginger, Black Pepper

## HAPPY HEART | DIRTY ROSE CHAI CACAO

Dirty Rose Chai Collagen, Heirloom Cacao, Coconut Creamer, Adaptogenic Honey, Fresh Almond Milk

12.02 | \$1.25 adaptogenic rocktails

## QI BLOSSOM | SPIRITUAL SIGHT TONIC

Mangosteen Hibiscus, Rose, Schizandra Berries, Happiness Tonic, Ginger Beer, Fresh Basil

## IMMUNITY + HEART OPENER | 7 MUSHROOM + ROSE SPRITZ

Soma 7 Medicinal Mushrooms, Schizandra Berries, Rose, Ginger Beet Fizz, Mint

## DREAM | THIRD EYE TONIC

Blue Lotus, CBD, Dream Elixir, Mandarin Blossom Fizz, Lavender

## APHRODISIA | JOY TONIC

Ginger Beet Kombucha, Euphoria Elixir, Hibiscus, Smoked Paprika, Himalayan Salt, Rosemary

## COLLAGEN BOOSTER SPRITZ | SKIN BOOSTING TONIC

Mandarin Blossom Kombucha, Curam Elixir, Collagen Booster Elixir, Hibiscus, Smoked Paprika, Himalayan Salt, Thyme Sprig

add ons

Almond Butter

Peanut Butter

Bee Pollen

Goji Berries

\$1.14 EACH

Hemp Seeds

Chia Seeds

Vegan Protein Powder

Collagen Powder

MCT Oil

add ons to support mind, body & soul | 99¢ EACH

## BEAUTY

Curam Elixir, Dirty Rose Chai Collagen, Plant Based Collagen, Mangosteen Hibiscus, Golden Sun Milk, Rose, He Sho Wu, Coconut Cream Powder

## IMMUNITY/DETOX

Adaptogenic Powder (Cacao, 7 Mushroom Blend), Black Elderberry Syrup, Spirulina, Colds Cocktail Elixir, SOMA Elixir (7 Mushrooms + Vitamin C), Mushroom Mocha Milk, Happy Belly Powder, Maca, Bee Pollen, Goji Berries

## CALM STRESS RELIEF

Rose Powder, Ashwagandha, Dream Elixir, Happiness Tonic, Blue Lotus, Golden Moon Milk Powder

## MOOD/BODY/SPIRIT ENHANCER

Mucuna Powder, Euphoria Elixir, Schisandra Rose Elixir, Happiness Tonic, Cerebrum Tonic, The Mind Powder